



# ONSITE SUPPORT<sup>®</sup>

## SUPPORTING CONSTRUCTION



### ONSITE SUPPORT CLOTHING & PPE SIZING GUIDE 2017



# 30 Seconds

**THAT'S HOW LONG YOUR CUSTOMERS WILL TAKE TO JUDGE YOUR PEOPLE ON FIRST MEETING.**

**WHY NOT MAXIMISE YOUR CHANCES OF A POSITIVE FIRST IMPRESSION?**

All the clothing that we supply is intended to be functional, comfortable and hardwearing and to fulfil its protective role where appropriate – but just as importantly, it makes a statement about your company's personality and values and can really bring your brand to life. It can increase your customers' peace of mind as a result of a stronger, positive image. Not only that, but it also allows your workforce to feel more professional, more integrated, and really part of a focused team.

Any company can benefit from personalising their corporate clothing. Simply adding a logo will make your garments unique, but you can go as far as you like in creating a look to encapsulate your corporate identity...



# PERSONALISING/BESPOKE

## GARMENT MARKING AND PERSONALISING SERVICE

Suitable for anyone and everyone, from a team of one to thousands, we're experts in the many methods of garment marking, including:

1. Embroidery	The method of choice for premium branding
2. Heat Seal Transfers	Durable, sharp and clear with rapid turnaround
3. Screen Printing	Excellent value, ideal for larger quantities

We can offer advice and guidance on the best method for your purpose.



### PERSONALISING

Take an existing design and tweak it with your own combination of colours, sleeves, pockets, collars etc to really reflect your image. With low minimum quantities and relatively short lead times, this scheme is ideal for minimum hassle with maximum impact. Let us guide you through the options.

### FULLY BESPOKE SERVICE

We can work with you to create a unique corporate image entirely from scratch. Our team will listen to your requirements, visit the working environments and get an understanding of your brand values in order to get the look and feel just right; drawing on our experience in fabrics and garment function to develop fit-for-purpose ideas and turn them into practical, visually effective and relevant garments that exceed expectations.

Whatever your requirements, large or small, call us to find out how we can maximise your company's impact through its uniform!

### PROMOTIONAL ITEMS AND ACCESSORIES

Want something to complete the look? After a quality giveaway item? Corporate golf day? We can help. From pens and mugs to umbrellas, we can brand just about any item with your logo or message.

### STOCK TRANSFERS

Standard wording kept in stock for immediate use. Choose from below.

- |                       |                         |
|-----------------------|-------------------------|
| <b>Banksman</b>       | <b>Security</b>         |
| <b>Fire Marshall</b>  | <b>Security Manager</b> |
| <b>Fire Officer</b>   | <b>Supervisor</b>       |
| <b>Fire Warden</b>    | <b>Traffic Marshal</b>  |
| <b>First Aider</b>    | <b>Visitor</b>          |
| <b>Safety Officer</b> |                         |

Other standard font wording available to order for fast turnaround – please ask sales staff for details.

## THE HIGHLINE RANGE

We don't like to rest on our laurels. We've looked closely at our product line up and aimed to refresh, renew and consolidate the range so that if there's an item you need, you'll find it here, and it'll be the best in its field. We offer clothing for everything from smart office environments to the most rugged work conditions, and as a forward looking company, we like to source the toughest fabrics and most innovative finishes available to create comfortable, practical, stylish clothing that will make your company look good – and that your staff will enjoy wearing day after day.

Below we've put together a number of combinations of the more popular applications. If you're after something to suit any of these five everyday roles, there's a wealth of choice to build an outfit how you please and ensure it's right for your purpose, right for your budget and right for your image.



### BESPOKE

We are specialists in bespoke design, whether it's tweaking the colours of an existing garment or producing a unique corporate image from scratch. We can work with you to create clothing to match your corporate vision – whether you're after a small run of special garments for an event, or a new look for your entire workforce. Here it's demonstrated with a polo shirt with distinctive contrast side panels, collar and placket teamed with cargo trousers with discreet matching colourways. The outfit is complimented by co-ordinating sweatshirt and fleece jacket. The options are almost endless, limited only by your imagination. There's no better way to make a positive and lasting impact for your company.



### WAREHOUSE/DRIVER

The classic polo shirt/cargo trouser combo works so well for so many purposes it's hard to find a way to improve it. We'd suggest it comes down to fundamentals like fit, fabric and quality. Our PS5 polo combines all of these for a good looking polo that washes and wears well season after season.

Team this with a jacket for ultimate practicality and durability or bring the look up to the minute with a stylish soft shell jacket for all round versatility and comfort. Or go for fleece for lightweight warmth, a body warmer if you prefer... the options go on and on.



### TRADESMAN

In an active role all day you want to get the job done in as much comfort as possible, and if you present an appearance that reflects your professional pride too, then so much the better. Here we've teamed a Fristads Coolmax T-Shirt with the multi-pocket trousers. Coolmax serves to wick away sweat and keep you cool and dry, whilst our trousers' fabric has inbuilt mechanical stretch and soft brushing on the inside for maximum comfort – in addition to the functional pockets and features, including Cordura reinforced kneepad pockets. For cooler conditions you could add a sweatshirt or hoody, or top off with a fleece, soft shell or winter jacket depending on the requirements.



## THE HIGHLINE RANGE



### OFFICE/MANAGEMENT

For roles that require a smarter look, we have an excellent choice of garments that look great but don't skimp on the practicality. Shown here is the classic Oxford shirt with our unique 'image' trousers, an ensemble that's become very popular with those who need suitable office wear that can shrug off the rigours of a day on the shop floor or out on site. Many of our outerwear jackets are also smart enough to complete the outfit – consider our soft shell jacket. If out and out business suiting is what's required, we can supply a superb range for ladies and gentlemen.



### RAINWEAR

Rain stops play, they say, but the work still needs to get done – and with the variable climate in this country it's essential to equip workers with apparel that enables them to work effectively and comfortably. Here it's the Fristads Airtech MP range which is lightweight and breathable and looks good enough for the golf course, let alone on site. If you're after no-nonsense rugged durability, then we'd recommend the breathable rain jacket and trouser. Additionally many of our outerwear jackets use the latest in fabric technology to provide excellent protection from the elements.

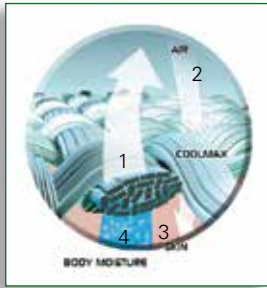


### HI-VISIBILITY

Besides serving to identify workers on site, hi-vis represents a great opportunity to make a statement about your organisation. Shown here is one of our most popular combinations: Constructor premium jacket VS3CJY5 over Coolvis® moisture management polo shirt VS2HVP2, with cargo overtrousers VS3WCY2. In our range there's a smart solution to every situation and circumstance – from breathable summer items like the polo shown and Coolvis® waistcoat VS2WC60 to Gore-Tex® foul weather parkas; you can be certain of choosing something suitable for the task in hand.

## WHAT IS COOLMAX®?

Coolmax® is a high tech fabric specially engineered to keep users dry and comfortable. Coolmax® is made using specially engineered polyester fibres that have an increased surface area. This special four channel or six channel fibre forms a transport system that pulls moisture away from the skin to the outer layer of the fabric. It then dries that moisture faster than other fabrics to thermo-regulate the body by evaporative cooling.



- 1 Evaporative cooling system
- 2 Air
- 3 Skin
- 4 Moisture

Besides its technical performance, Coolmax® improves your comfort and therefore influences your well-being and your state of mind. With Coolmax®, you feel fresher, more focused, and ready to tackle the next challenge.

## WHAT IS CORDURA®?

Cordura® is a high performance, super-durable material that adds durability and lightweight strength to any garment it's used in. Constructed using the highest tenacity fibres available, it offers an exceptional strength to weight ratio and gives best-in-class durability over comparable fabrics, for example:

- 10 x more durable than cotton
- 3 x more durable than standard polyester
- 2 x more durable than standard nylon

Cordura® is resistant to abrasions, tears and scuffs – all the qualities expected of a high performance fabric. So, regardless of the activity, wearers will benefit from the added durability and toughness that lasts and lasts.

**3,000 RUB CYCLES**

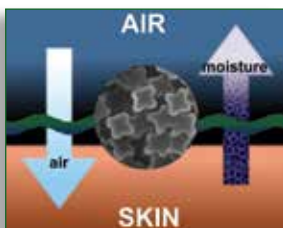
**1,000 RUB CYCLES**

**700 RUB CYCLES**



## WHAT IS COOLVIS®?

Coolvis® is made using specially engineered polyester fibres that have an increased surface area, use of this fibre in garments designed for active wear means wearers experience less cling and discomfort, due to quicker drying and thermo-regulation. Special 4-channel fibres pull moisture away from the skin to the outer layer of the fabric, where it evaporates quickly.



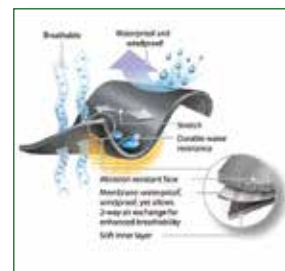
Besides increasing comfort in active work, Coolvis® garments are practical and easy to care for.

## WHAT IS SOFT SHELL?

Soft shell is a stretch woven face fabric laminated to an inner microfleece, often with a breathable waterproof membrane sandwiched between that transports both moisture and vapour away from the body. This produces a fabric which is very breathable, highly water resistant and warm.

The main benefits of soft shell are:

- Maximum performance from a minimum number of layers – soft shell can do the job of two garments in one
- Weather protection that is robust and effective
- Clothing that is comfortable in a wide range of temperatures and conditions, and is unrestrictive due to its inherent stretch properties
- Tough and hardwearing, and able to withstand hard regular use

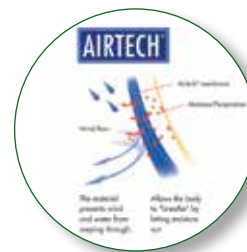


## WHAT IS GORE-TEX®?

The renowned GORE-TEX® membrane is fully and permanently windproof and waterproof. Billions of microscopic pores, each 20,000 times smaller than a water droplet but 700 times larger than a water vapour molecule, prevent water penetrating but allow perspiration to escape – keeping you dry and comfortable in all conditions.

## WHAT IS AIRTECH®?

Garments made of this material are windproof and waterproof. They protect you from rain and gales, with breathable material that keeps you dry and comfortable by channelling moisture and excess heat away from the body. AIRTECH® ECO means that a large proportion of the garment is manufactured from recycled materials. Each garment labelled with AIRTECH® ECO is part of an ecocycle and can therefore eventually be recycled into a completely new garment. This is entirely unique to Fristads' products and means a huge step forward in terms of green thinking. AIRTECH® ECO is approved to the international industry certification Öko-Tex 100, guaranteeing that no dangerous or toxic substances are used in the garments' preparation.



## HEADWEAR

Headwear presents a wealth of promotional possibilities. Simply add your logo to a stock baseball cap for a cost effective giveaway, or even have a design created from scratch. With alternative fabrics, patterns and styles, the options are limited only by your imagination. Why not make safety helmets part of your corporate uniform? We have an extensive range available from stock, and can apply your company identity in a number of different ways. Ask our personalising experts for advice.



### SAFETY HELMETS

#### BRAND IT – PERSONALISING MADE EASY

OnSite Support's personalising service extends to safety helmets – and allows you to brand your headwear with your logo and/or message simply and quickly. OnSite Support can offer a comprehensive range of premium safety helmets from respected manufacturers including: MSA, Centurion and JSP to name a few. These can be printed with your logo and/or message – you can make your personal protective equipment look good and work for you in the same way as the rest of your corporate uniform! Printing your helmets offers the following benefits:

- Durable and long-lasting personalisation
- Multiple print opportunities – front, sides and back print areas
- Precise reproduction of your logo
- HSE approved method – does not compromise the helmet's integrity
- Helmet stickers – ideal for shorter runs





## SIZING GUIDE

OnSite Support clothing is recommended for its suitability, comfort and function. Since correct fit is vital to this, we recommend you use the guidelines in the illustrations and charts over the next 2 pages. It is advisable to take actual body measurements rather than measure over clothes or take sizing from existing clothing (**NOTE:** Sizes vary between brands. Charts are approximate and for guidance only).

### MEN'S/UNISEX SIZES

SIZE	S		M		L		XL		XXL		3XL	
Chest (ins)	36		38		40		42		44		46	
Chest (cms)	91		97		102		107		112		117	
Waist (ins)	30	32	34	36	38	40	42	44	46	48	50	52
Waist (cms)	76	81	86	91	97	102	107	112	117	122	127	132
Collar (ins)	14	14½	15	15½	16	16½	17	17½	18	18½	19	19½
Collar (cms)	36	37	38	40	41	42	43	44.5	46	47	48	49.5

### EURO SIZING REGULAR

SIZE	C44	C46	C48	C50	C52	C54	C56	C58	C60	C62	C64
Waist (ins)	28	30	32	34	36	38	40	42	44	46	48
Waist (cms)	76	80	84	88	92	97	102	108	114	120	126
Chest (ins)	34.5	36	37.5	39.5	41	42.5	44	45.5	47	48.5	50
Chest (cms)	88	92	96	100	104	108	112	116	120	124	128
Inside Leg (ins)	30	30.5	31	31.5	32	32	32.5	33	33	33	33

### EURO SIZING TALL

SIZE	C146	C148	C150	C152	C154	C156
Waist (ins)	30	32	34	36	38	40
Waist (cms)	80	84	88	92	97	102
Inside Leg (ins)	32.5	33	33.5	34	34	34.5

### EURO SIZING SHORT

SIZE	D96	D100	D104	D108	D112	D116	D120	D124	D128	D132
Waist (ins)	34	36	38	40	42	44	46	48	52	54
Waist (cms)	88	92	97	102	108	114	120	126	132	137
Inside Leg (ins)	29.5	30	30	30.5	31	31	31.5	31.5	32	32

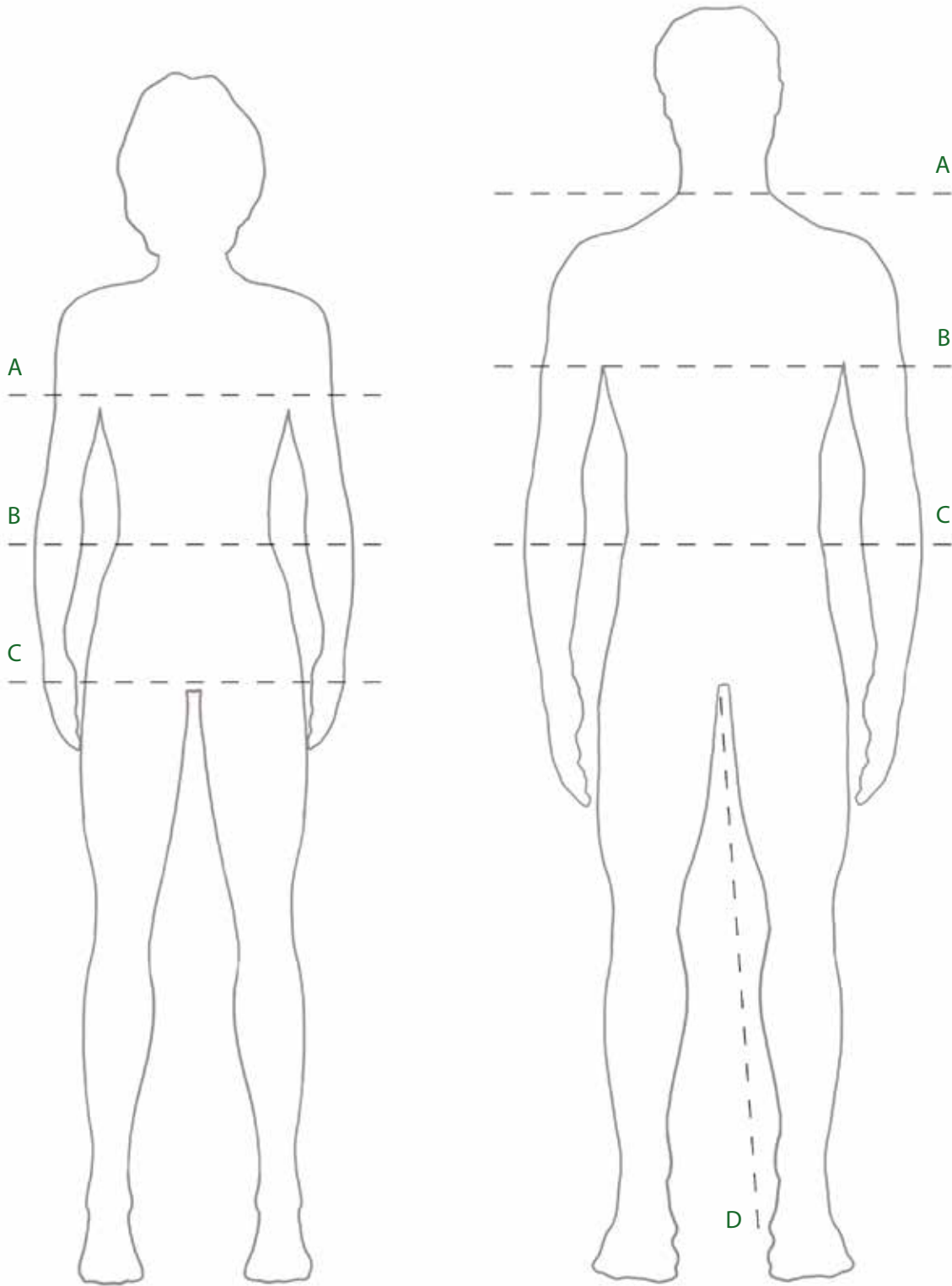
### LADIES SIZES

EURO SIZE	C34	C36	C38	C40	C42	C48	C50	C52	-	-
UK EQUIVALENT	8	10	-	12	14	-	16	18	20	20
Waist (cms)	66	69	72	76	80	84	88	92	94	100
Bust (cms)	80	84	88	92	97	100	104	110	116	122
Inside Leg (cms)	78	78	78	80	80	80	81	81	81	81

### CONVERSION CHARTS

<b>CM</b>	76	80	84	88	92	96	100	104	108	112	116	120	124	132	140
<b>INCHES</b>	30	31.5	33	34.5	36	38	39.5	41	42.5	44	46.5	47.5	49	52	55
<b>INCHES</b>	28	30	32	34	36	38	40	42	44	46	48	50	52	54	56
<b>CM</b>	71	76	81	86	91	97	102	107	112	117	122	127	132	137	142

# HOW TO MEASURE



A Bust  
B Waist  
C Hips

A Neck  
B Chest  
C Waist  
D Inside Leg